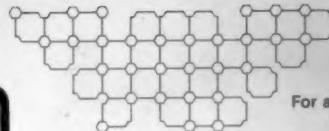


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For and About Employees of
the K mart Home Office



Service Recognition honors KIHers

Reflecting on her five years with the K mart Corporation at the recent service recognition luncheon, Margaret (Meg) Szymanski, cafeteria, pictured above, said: "It's been something else! This has been just like one big family."

More reflections by celebrants and details about the luncheon on pages 2 and 3.

Swing your partner at the square dance

Chase right, relay the deucey, promenade, ping pong circulate, chain the girls a half, tag the line, trade the wave, slip the clutch then follow your neighbor.

Some set of directions. But to Charlie Rowe, Director of Transportation and an avid square dancer, they are just second nature.

"It's something you do automatically," Charlie says. "When the caller says 'diamond circulate' you don't have time to stand there and think 'what do I do now?' You just do it."

While he remains somewhat modest about his square dancing skills, Charlie admits that it takes about two years of beginning lessons just to be able to keep in formation and step in time with the calls.

Contrary to what some might believe, square dancing is not a lot of "hollering and hollering."

"It's very sophisticated dancing," says Charlie. "It's fun, exercise and a good form of entertainment."

Square dancing was named such because a set of eight people (four couples) actually dance in a square formation and change partners.

Charlie and his wife, Helen, started dancing in 1959 and stopped in 1962. In 1974, they picked it up again and have been dancing two to three times a week since then.

As long as you dance, you have to take lessons.

"We go to a lesson once a week and then dance one or two times after that," he says.

Like anything else, there are some rules and regulations for dancing, although some of them are said tongue in cheek.

Under the Ten Commandments of Square Dancing, commandment #6 says: "Thou shalt bathe diligently that the sweet aroma of soap and shaving cream may assail the nostrils of thy associates."

Under the active dancing circumstances, dancers are apt to perspire profusely. For this reason, the men always have a towel attached to their attire and are required to wear

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